

NEWS RELEASE

05/09/2018

Begins

An Outstanding Week in September!

Saturday 15th September marks the beginning of 'Outstanding Week' a national week celebrating our 46 Areas of Outstanding Natural Beauty (AONB) across Britain, with a week of Outstanding events and project run by AONBs across the country.



Outstanding Week 15-23rd September 2018

September has always been an **outstanding** month in our countryside, with harvests being brought safely home, trees and meadows taking on their autumnal colours, skies offering a full palette of hues, musky bonfires lingering in the evening air and a welcoming calmness for visitors.

September this year, however, promises to be even more **outstanding!**

The AONB Family has worked together to organise a week (and a bit) long programme of events to help people enjoy and be inspired by Britain's Areas of Outstanding Natural Beauty (AONBs). Starting on Saturday 15th September and continuing through to Sunday 23rd September, the events for all AONBs can be found on www.landscapesforlife.org.uk/events/outstanding-week/

The Quantock Hills AONB have a couple of special events planned to celebrate this outstanding week - a 'Creatures of the Night Walk' being led by rangers so you can see how the woodland comes to life after dark and also a 'Whittling in the Woods' workshop for adults who'd like to learn more about this ancient craft. Go to <https://www.quantockhills.com/aonbevents> to find out more.

As NAAONB's Jill Smith, explains

"Areas of Outstanding Natural Beauty are some of the most beautiful, cherished and outstanding landscapes in the UK. They are vibrant and dynamic and offer a wealth of opportunities for people to enjoy our countryside.

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“Outstanding Week helps people connect with nature, getting them out into and engaging with the the UK’s **outstanding landscapes** by enjoying local food and drink, country shows, dark sky discovery nights, walking festivals, archaeology walks, wood fairs, foraging, wildlife walks, coastal and marine days, thatching courses, drystone walling competitions, charcoal making, bioblitz, inspiration through art and music and many, many other activities.

“Whether you are looking for an outstanding view, intending to reward yourself with a cream tea or trying to kick start a new health regime, you can’t fail to have a great time in one of the UK’s 46 Areas of Outstanding Natural Beauty. They are **Landscapes for Life** in so many different ways”.

See www.landscapesforlife.org.uk/events/outstanding-week/

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for new events to enjoy each day.